

Superintendent's Office 129 Curtis Street, Fulton, NY 13069 Phone 315•593•5511 Fax 315•598•6351 Brian T. Pulvino Superintendent of Schools

September 14, 2022

Dear FCSD Families,

What a great start to our school year! Thank you for all you have done to prepare your children for an exceptional year of learning.

While we are hopeful that COVID will be far less disruptive to school and to our lives, we must continue to take reasonable precautions to reduce the spread of COVID and other illnesses that are present in our community. We want our students and staff to stay healthy and be in school to learn every day.

Based on current health guidance, below are the basic prevention strategies we ask you to practice this year:

- Keep your child home if they are sick.
- Encourage children to wash their hands and/or use hand sanitizer often.
- Get your child vaccinated unless their healthcare provider recommends otherwise.
- If your child has symptoms, or has been exposed to someone with COVID, have them take a COVID test. *COVID tests are free to our students and available at each school for pick up by an adult.*
- Masks are not required in most circumstances. All students and staff may wear a mask at school, if they choose to do so. Masks are recommended after exposure to a person with COVID and/or when COVID community levels are high and/or your child has symptoms of COVID and/or there has been an outbreak of COVID at school.

Answers to the most frequently asked questions, based on the <u>NYS Department of Health Guidance</u> <u>9/8/2022</u> (click on link for full document) are included for your information. We strongly encourage all families to consult with their health care providers for advice on management of any illness.

We will continue to focus our efforts this year on intentionally creating a school community where all feel a sense of belonging, safety and purpose. We want every member of our community to know and feel that they belong here, it is safe to speak up here and what we do is important.

Sincerely,

Brian T. Pulvino Superintendent

Frequently Asked Questions

What do I do if my child tests positive for COVID?

Your child must isolate at home for 5 days, even if they do not have any symptoms. provider.

- For those with symptoms:
 - Day zero is the day symptoms started.
 - Day 1 is the first full day after symptoms began.
- For those with <u>no</u> symptoms:
 - $_{\odot}$ Day zero is the day they took their COVID test.
 - $\circ \text{Day 1}$ is the first full day after they take the test.

Please consult your health care for advice on managing illness.

When can my child return to school and school activities if they have COVID?

Your child may return to school on day 6 following their five-day isolation period *if*:

- They are fever free without fever reducing medicine for 24 hours and their symptoms are improving.
- They wear a mask for days 6-10 while at school/school activities.

Is my child required to quarantine if they have been exposed?

No. Quarantine is no longer required.

- Wearing a well-fitting mask and getting tested after an exposure is still strongly recommended.
 - Mask wearing is recommended for 10 days following the exposure.
 - Testing is recommended on or after day 5 following the exposure or anytime that symptoms develop. Free COVID tests are available at each school for pick up.